

Dr. Alent was born in Detroit, Michigan. Acquiring an early keen interest in science led him to study Materials Engineering at Michigan State University where he had the privilege of earning an undergraduate research scholarship for his work with Nickel-Titanium alloys. Dr. Alent would go on to study medicine at the Michigan State University of College of Osteopathic Medicine, and complete his Internal Medicine residency training through the Detroit Medical Center.

Phone (727) 322-4227
Call Today to Schedule your
appointment!



Jeffrey Alent, D.O.

Dr. Alent has had experience as a physician working at numerous sporting events including sideline, training room, and event coverage with USF Bulls Football, USF Men's and Women's Soccer and Basketball teams, Philadelphia Phillies and Toronto Blue Jays MLB organizations, Clearwater Threshers, Dunedin Blue Jays, and St. Petersburg Catholic High School.

Dr. Alent's involvement in organized sports through high school and college, as well as personal injury undergoing three shoulder operations focused his medical interests in Non-Operative sports medicine, prevention of injury, and non-invasive treatment. After residency, Dr. Alent moved to Florida to pursue his Primary Care Sports Medicine Fellowship training through the University of South Florida (USF) and Baycare-Morton Plant health systems.

Dr. Alent also carries a passion for endurance medicine and has been event physician at multiple Iron Man events, marathons, and triathlons.

Sports Medicine
Diagnostic and Therapeutic
Musculoskeletal Ultrasound
Corticosteroid Treatments
Hyaluronic Acid Treatments
PRP (Platelet Rich Plasma)
Regenerative Medicine
Stem Cell Therapy

Acute Musculoskeletal Injury
Chronic Tendon Pain
Knee / Shoulder Arthropathy
Rotator Cuff Injury
Hip Arthritis & Bursitis
Trigger Finger Treatments
Carpal Tunnel Treatments
Exercise Prescription
Knee Osteoarthritis



At Affiliated Health Clinics, our singular goal continues: to provide exceptional patient care. Person-centered care is an enhancement of what we already do: treating the patient as an individual, fostering a proactive approach to care, and working as a team to promote overall health and wellness. The staff at Affiliated Health Clinics are prepared to treat routine health issues, anticipate future needs, and help prevent more serious conditions through preventive maintenance and lifestyle guidance.

Phone (727) 322-4227
Call Today to Schedule your
appointment!

Professional experienced
care with a personal
touch...



Jeffrey Alent, D.O.
Sports Medicine

3600 Central Avenue
St. Petersburg, FL 33711
Phone (727) 322-4227
www.affiliatedhealthclinics.com